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| --- | --- | --- | --- |
| Date | Snack\* | Drink\* | Timekeeper\*\*(5U, 6U, 8U) |
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**\*** Brink snacks/drinks for entire team. Be mindful of any food allergies.

**\*\***  For 5U, 6U, 8U: Keep track of time for game if no referee available.

 **5U-6U:** four, 5-minute quarters. 3-5 minute halftime break.

 **8U:** four, 10-minute quarters. 3-5 minute halftime break